



**SHOP THE GOOD FOOD MARKET!
WEDNESDAY NOVEMBER 1st, 5 – 7pm**

**150 DAN LECKIE WAY 3RD FLOOR
COMMUNITY KITCHEN**

- **Best Prices on Fresh, Nutritious Fruit and Vegetables from FoodShare!**
 - **Sample Artisanal Sausages from the Urban Swine!**
 - **Test the 'Hella-Hot' Jerk Sauce from Chef Buoyardy!**

"FIRST WE EAT, THEN WE DO EVERYTHING ELSE." -M.F.K. FISHER

